



**MINDWELL PSYCHOLOGICAL ASSESSMENT
OVERVIEW OF EVALUATION SERVICES
Updated June 2025**

MindWell Psychological Assessment primarily offers diagnostic evaluations for the following*:

- Autism
- Attention-Deficit Hyperactivity Disorder
- Specific Learning Disabilities (i.e., Psychoeducational Evaluation to examine academic achievement levels)
- Early Childhood Developmental Evaluations/Screeners

*All evaluations will include screening to examine co-existing mental health conditions. Requests for broad psychological evaluations, which do not include a rule-out for neurodevelopmental disorders, will be considered on a case-to-case basis.

What age population does MindWell Psychological Assessment serve?

MindWell has recently expanded our services to provide evaluations to individuals across the lifespan, including young children, children, adolescents, and adults. Below is a list of the starting age for evaluations by type:

- Autism Evaluations (Ages 2+)
- ADHD Evaluations (Ages 4+)
- Psychoeducational/Learning Evaluations (Ages 5+)

Does MindWell Psychological Assessment require a referral to initiate services?

Although MindWell Psychological Assessment frequently receives referrals from medical providers, therapists, and school personnel, a formal referral is not required to initiate a phone screening for evaluation. However, MindWell Psychological Assessment reserves the right to request a referral should care coordinators require more information to determine appropriateness of fit for evaluation services or ensure medical necessity of services.

Why seek evaluation at MindWell?

- To better understand my or my child's cognitive, academic, and social-emotional strengths and support needs
- To find out whether I or my child have traits or the kinds of symptoms that indicate a mental health or neurodevelopmental disability
- To identify the most likely condition or multiple conditions interacting to contribute to current concerns

- To determine the most appropriate treatment recommendations and accommodations to enhance my or my child’s performance at home, school, work, and social settings and improve independence and quality of life
- To identify strategies that can help others (e.g., teachers; therapists; family members) better understand how I or my child think(s) and perceive(s) the world, which may lead to better acceptance, insights, and ways to support my or my child’s needs

Does MindWell Psychological Assessment accept insurance for psychological or neuropsychological evaluations?

Currently, MindWell Psychological Assessment is only in-network with CDPHP plans*. Clients with any other insurance will be considered out-of-network and eligible to self-pay for evaluations.

MindWell Psychological Assessment cannot guarantee any out-of-network benefits or reimbursements. If you choose to self-pay for evaluation services and submit your own claim for insurance reimbursement upon completion of services, our care coordination team will work with families to provide a superbill and documentation that you can provide to your insurance carrier.

It is recommended that any client seeking services first inquire with their insurance companies if the following codes are covered and their policy requirements for out-of-network reimbursements **prior** to scheduling services with us:

90791	96116	96121	96130	96131
96132	96133	96136	96137	90846
90847	96112	96113		

*Please note that insurance does not typically cover stand-alone psychoeducational evaluations without a medical or psychiatric rule-out. Furthermore, your insurance may have other limitations on types of assessments covered and eligibility for medical necessity.

What are the self-pay rates for an evaluation?

Evaluations at MindWell Psychological Assessment are comprehensive and take a great deal of time. Completing a thorough, high-quality evaluation requires spending adequate time getting to know you and/or your child in-clinic, obtaining a full understanding of your/your child's history, ruling-out co-existing mental health concerns or differential diagnoses, and creating individualized recommendations and written reports. Most evaluations at MindWell Psychological Assessment take between 12-16 hours, which includes time spent with you/your child in the clinic (e.g., interviewing; test administration; feedback of results) and in other test evaluation services (e.g., scoring; report writing; consultation with teachers/therapists).

Typical fees for evaluation range from \$3,318-4,200 are dependent on services needed. The cost for evaluation services is all-inclusive, meaning that regardless of the number of hours of testing needed to address presenting concerns, no additional charges will be incurred. Services requested outside the scope of evaluation or after conclusion of the evaluation, such as multiple feedback sessions, attendance at school team meetings, or therapy services are considered on a case-by-case basis and have an additional fee for service.

In the future, MindWell may offer reduced rates for evaluations completed by our advanced doctoral-level psychology trainees and supervised by one of our licensed clinical psychologists.

To learn more about rates for psychological evaluation services and determine your estimated fee, please schedule a free phone screen appointment with one of our care coordinators at www.mindwellcenter.com/getstarted.

How will fees be collected?

If you are self-paying, MindWell Psychological Assessment will collect half of the cost of evaluation at the time of scheduling. Should it be determined during the intake interview that changes to the original services requested are needed, pricing adjustments will be discussed prior to testing. The remainder of payment will be due upon completion of the written report, which follows the feedback appointment. Comprehensive reports of evaluation will be provided upon receipt of final payment.

Clients utilizing CDPHP benefits will be responsible for copays and deductibles (as dictated by their plan) at the time of service.

What does the testing process look like?

Psychological Evaluations occur in a three-part process, which typically coincides with three separate appointments with you/your child's provider at MindWell.

Prior to these appointments, you will be asked to upload or send copies of relevant medical/educational records (e.g., IEP/504 Plans; previous psychological testing; medical records; report cards/transcripts):

Appointment 1: Intake Interview

- During this 1-2 hour appointment, your MindWell Psychological Assessment clinician will complete a 1:1 extensive interview with you/your family to obtain information about your/your child's development, behavioral health and medical history, family history, educational/therapeutic history, and current concerns.
- To get a better understanding of your strengths and needs, we will ask you about your/your child's performance and behavior in various aspects of your life, such as at home, school/college, work, social situations, and other settings.

Appointment 2: Testing Appointment

- The formal testing appointment includes 1:1 activities between you/your child and a MindWell Psychological Assessment clinician (either psychologist or trained psychological technician). The type of measures utilized will vary depending on you/your child's reason for testing, age, developmental level, language comprehension, and other factors. Types of measures administered during these evaluations include a range of psychological and neuropsychological test instruments, including tests of:
 - Intellectual Functioning and related cognitive processes
 - Broad tests of Development
 - Attention
 - Visual-Motor Integration
 - Social Communication
 - Executive Functioning
 - Social-Emotional Functioning
 - Behavioral Functioning
 - Adaptive Functioning
 - Academic Achievement (e.g., Reading; Writing; Mathematics)
 - Phonological Processing
 - Personality Inventories
 - Language

- These tests include a combination of direct 1:1 testing, as well as questionnaires that will ask about you/your child's thoughts, feelings, and behaviors, and additional interviewing.
- You/your child will be scheduled for an all-day appointment to ensure enough time to complete all activities and questionnaires. We will have a better idea of how long testing is anticipated to take after your first visit. If needed, visits can be scheduled in multiple shorter installments.
- It is important to gather information from another individual who knows you well in different settings and can provide us insights from another perspective. You may be asked to have questionnaires be completed by parents/caregivers, teachers, and if you are a young adult, other individuals close to you (e.g., significant other/roommate/close friend, employer)

Appointment 3: Feedback Appointment

- After we have reviewed you/your child's history and test results, you will meet with a clinician to review the results, discuss recommendations, and ask any questions. This is a separate visit and is typically scheduled about two-three weeks after your/your child's evaluation.
- The results from the evaluation can be used to develop treatment plans, goals, accommodations and supports that are right for you, including therapy and support at home, school, work, and in other activities.
- If you/your child receives a diagnosis following you will receive information to help you learn about how this diagnosis was determined, what it means, and ensure you are on the right path towards maximizing your strengths and accessing supports that improve quality of life.
- Referrals will be provided for additional consultation with necessary providers depending on concerns (e.g., occupational, speech and language, physical therapists, psychiatry)

Approximately 2-6 weeks following your evaluation, you will also receive a comprehensive report including results of evaluation. Wait times for generating your report may vary.

Should I participate in therapy prior to completing an assessment?

For some individuals, it may be most appropriate to participate in mental health counseling prior to completing a comprehensive psychological assessment. For example, if there are current mental health conditions (e.g., anxiety; depression), which are impacting your/your child's daily life, it may be helpful to treat and stabilize these prior to completing evaluation for neurodevelopmental disabilities. Additionally, it may be necessary for individuals to work with a clinician longer-term in

therapy to gain a better understanding of appropriate diagnoses and treatment recommendations.

Are there other reasons why we may decline an evaluation request?

Our team wants to ensure the best quality of care and therapeutic match between providers and prospective clients. At this time, we do not complete and refer out for the following reasons for referral: Forensic Evaluations; Custody Evaluations; Court-Ordered Evaluations; Psychiatric Evaluations (where severe mental illness, personality disorder, or other complex psychiatric conditions are primary referral question); Neuropsychological Evaluations (i.e., primary neurological/medical reason for referral including epilepsy, traumatic brain injury, concussion, brain tumor, dementia, or stroke).

Additionally, for individuals that have active substance use disorders or chronic/heavy substance use we may be unable to serve your assessment needs. Substances (such as cannabis) can impact getting valid results on cognitive measures and determining underlying developmental disabilities. In some cases, we may request a period of abstinence from usage prior to testing or decline testing until substance use treatment has been completed.

All potential cases are reviewed by the care coordination team. If therapy is determined to be more appropriate than assessment at that time, a care coordinator may recommend a therapy phone screen/appointment instead. If we feel MindWell Psychological Assessment is not an appropriate match for your assessment needs, we will provide referrals to other providers.

Who will be completing my assessment?

All evaluations at MindWell Psychological Assessment are conducted by a licensed psychologist or post-doctoral clinician, and supervised by a licensed psychologist. In some instances, a testing technician (who has education and training in the practice of psychology and test administration) may be used to administer and score standardized objective psychological or neuropsychology tests. Clients will always know with whom they are scheduling in advance of their visits, and will have the chance to object to technicians being used in their care.

Given MindWell Psychological Assessment is a training clinic for graduate students in psychology, occasionally we may ask permission for students to observe or shadow sessions. Additionally, in the future opportunities may be available for reduced rates of evaluations completed by doctoral-level psychology trainees.

Are assessments neurodiversity-affirming?

Our team at MindWell Psychological Assessment embraces neurodiversity and aims to provide comprehensive, strengths-forward, and neurodivergent-friendly services. Our team utilizes a combination of approaches to gather information, including both norm-based assessment protocols and comprehensive interviewing to gather information regarding one's lived experience.

Please know that our evaluations are open-ended and data-driven, and may or may not result in the diagnosis you expect or with which you self-identify. Our clinicians will spend time during the feedback process explaining how they arrived at their determinations and recommendations that help support your/your child's unique strengths and differences, regardless of diagnosis.

How to Schedule:

Prior to scheduling your/your child's evaluation, you will complete an assessment phone screening with a member of our care coordination team. During this brief initial meeting, our team will collect some basic information, summarize the testing process, make sure an evaluation is appropriate, and get your/your child's appointments scheduled.

To initiate your **phone screen** please go to <https://www.mindwellcenter.com/getstarted> and select "Assessment Phone Screen"

Please connect with us with any questions you may have. We look forward to working with you.



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